



21st Century Parenting



9.00am - 9.30am	Arrival and coffee - <i>Concert Hall Foyer</i>			<i>Concert Hall</i>
9.30am	Welcome from the Head and meet the speakers			
9.45am - 10.25am	Keynote speaker: Alicia Drummond - Understanding the teen brain			
10.25am - 10.40am	Coffee on the go. Please collect a takeaway refreshment and head to your desired location			
	<i>Concert Hall</i>	<i>David Jones Lecture Theatre (DJLT)</i>	<i>Recital Room</i>	
10.40am - 11.20am	Dr Elly Hanson Pornography: what are the issues & how can we protect our children & build their resilience	Alice Hoyle Importance of RSE at school and at home	Men at Work - Michael Conroy Supporting our Boys and Young Men in Being Safe and in Promoting The Safety of Others (Their Male Peers and Women and Girls)	
11.25am - 12.05pm	Patrick Foster Back from the brink - Gambling, Online Gaming, Addiction and Mental Health Awareness and Protection.		Satveer Nijjar: Self-harm Building confidence around the subject of self harm by reducing stigma, anxiety and fear	
12.05pm - 12.50pm	LUNCH (Dining Hall) - followed by tea and coffee in the Marquee			
	<i>Concert Hall</i>	<i>David Jones Lecture Theatre (DJLT)</i>	<i>Recital Room</i>	
12.50pm - 1.30pm	Workshop - James Shone Inflating Balloons of Self Belief	Q&A - Katie Old To educate parents around the subject of Online Safety in order that they may help, support, safeguard and protect their children	Workshop - Bold Voices A Culture of Gender-Based Violence: What are our children experiencing and how can we talk about it with them?	
1.35pm - 2.15pm	Keynote Speaker: Dr Maryhan Emotional wellbeing of teenagers			
2.20pm - 2.45pm	Keynote speaker: David Smellie Partner Farrer & Co, one of the top safeguarding lawyers in the UK			
2.50pm - 3.30pm	Fiona Spargo-Mabbs Young people, drugs and decisions - what every parent needs to know	Childnet Supporting Young People Online	Tina Lond- Caulk Nutrition & lifestyle habits impact cognition, learning, behaviour, mental health, energy, sleep and confidence	
3.35pm - 4.05pm	Panel discussion with Q&A			
4.05pm - 4.30pm	Afternoon tea and depart			