

Emergency First Aid at Work (6 hour)



The EFAW course helps you to meet HSE requirements for first aiders working in low-risk environments and will equip the first aider with skills to be able to confidently undertake emergency first aid if someone becomes ill or injured at work.

Our Emergency First Aid at Work training consists of 6 hours of instructor led tuition, with emphasis throughout on practical application of first aid skills.

Course topics:

- The treatment and priorities of care for an unconscious patient
- The recognition of cardiac arrest and delivery of cardio-pulmonary resuscitation (CPR) and use of a defibrillator (AED)
- Recognition and treatment of choking
- The ability to safely and promptly treat a patient who is bleeding
- Recognition and treatment of shock
- Management of burns and scalds
- The need to act safely and effectively when an incident occurs
- The keeping of simple records following an accident at work.

By choosing our training programme you will receive:

- A comprehensive student resource pack with market leading first aid reference manual for use during and after the course
- Professional training delivered by a quality assured and experienced instructor with a max class size of 12
- Active learning strategies with opportunity for practice in small, relaxed groups
- Fully interactive presentation materials that use a graphical approach to learning
- The opportunity register online with WorkSafe access to special offers and first aid updates.

This course has a formal assessment process which includes a written assessment of the learners' first aid knowledge as well as a practical assessment of their ability to perform safely and effectively in a range of first aid situations.

On successful completion a WorkSafe certificate will be awarded and is valid for 3 years, however it is vital that employees are regularly refreshed in their knowledge so annual refresher training is recommended.

Book on one of our open courses or discuss a group booking for training at your venue.



Cost per candidate: £90

Dates: Apr 9 / July 17 / Aug 5



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